

Pre-School Music & Movement at Medbury



Music feeds the brain

It enhances language development, feel for rhythm and the ability to learn.

With studies linking the positive effects of music with learning (Harris, 2008; Lense & Dykens, 2013; Mathur, Duda & Kamat, 2008) it is beneficial for children to have music as part of their day.

Specific movements, such as spinning and tapping, help boost the vestibular system which in turn promotes balance, spatial perception and ability to focus attention.



We have put them together

Come and enjoy 45 minutes of fun with Dr Tessa Grigg. We have developed a programme of sensory motor and music classes for children aged 0 - 5 years, with a focus on developing physical skills to encourage effective learning for school.

Tessa is an experienced teacher specialising in sensory motor, and has been making children's music since 1990 (she's the 'Tessa' in Tessarose Music). She has recently completed her Ph.D.

Class times:

- Monday 9.30am – 10.15am: walking to 2 years
- Monday 10.30am – 11.15am: 2 - 3 years
- Monday 11.30am – 12.15am: birth to walking (bring a rug to sit on)
- Monday 12.30pm – 1.15pm: 3 to 5 years.

Class maximum: 12

Location: The Medbury Centre Auditorium.

Parking: off Creyke Rd, Ilam.

Safety and further details

Parents will be signed in and out at each class. The School needs to know who is on the property in the case of an emergency.

Details of the programme, times, prices and an enrolment form are available from Dr Tessa Grigg.

- tessagrigg@gmail.com
- 027 477 4825
- Medbury School +64 3 351 6169

Enrolment Form and Class Details

Please complete the form below and email to tessagrigg@gmail.com

Parent/Caregiver Name	
Postal Address	
Home Telephone	
Mobile Phone	
Email	
Child's Name	
Child's Date of Birth	
Class	20____ Term:
Class Day	
Class Time	
Additional Information: Allergies, specific needs of your child	
Fees are to be paid in full at the start of the term	
Payment Amount	
Date paid via Internet Banking	
Account Number	BNZ, Christchurch Branch 02 0800 0551388 25

Come and join the fun!

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